

**These procedures incorporate the State of Ohio Guidelines for Youth Sports as published on August 19, 2020.**

In order to start and continue to play basketball this season, it is vitally important that all Milton-Union Recreation Association (M.U.R.A.) participants (players, coaches, officials, spectators, and M.U.R.A. Board Members) adhere to the following guidelines. Adults should set an example for the players. Coaches must ensure players are following the COVID-19 prevention measures.

**STAY HOME IF YOU HAVE SYMPTOMS OF CORONAVIRUS OR ARE AT GREATER RISK OF INFECTION COMPLICATIONS! \***

**Maintain Good Hygiene Practices**

All M.U.R.A. volunteers, family members, and participants should be aware of the coronavirus risk and take the necessary precautions to avoid exposure to viruses. This includes maintaining good hygiene practices. We strongly recommend the following:

1. Wash your hands often, using soap and water for at least 20 seconds each time.
2. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol; this is suggested after any physical contact with another person or after touching a shared surface.
3. Avoid touching your eyes, nose, and mouth with unwashed hands.
4. Cover your mouth and nose – with a tissue, if possible – when coughing or sneezing, then properly discard the tissue in the trash. Otherwise, cough or sneeze into your elbow.
5. If you are sick or have COVID-19 symptoms, stay home!!!! Do not attend any practices, games or meetings. \*

**Maintain a Safe and Hygienic Facility**

M.U.R.A. Basketball Board Members, coaches, and volunteers will follow state and local guidelines to maintain a safe and hygienic facility by adhering to the following actions:

1. Milton-Union Schools will use CDC recommended chemicals to clean or disinfect frequently touched restroom objects and surfaces.
2. M.U.R.A. is to notify local and state health departments and school if a board member, coach, volunteer, or player is diagnosed with coronavirus.
3. Coaching/training aids will be disinfected before and after practice. The equipment must be disinfected if handled by more than one coach in between coaches handling.

**Team communications**

Coaches will be required to create a team communication method. The Band App is just one example that may be used in conjunction with text groups. For practices and games, coaches will be required to take attendance of players so that in the event of a latent discovery of a positive case, coaches can trace player locations and points of contact during practices and games. Milton-Union Schools are also equipped with cameras that allow review of player/coach movements within the facilities. In the event of a positive case identification, parents of affected players will be notified as soon as possible.

\*Per the CDC, symptoms include cough, shortness of breath, difficulty breathing, fever, chills, repeated shaking with

### **Maintain Social Distancing Measures**

M.U.R.A. is implementing six-foot social distancing recommended by the CDC and the State of Ohio, whenever feasible for players and spectators. Everyone attending any M.U.R.A. functions should be aware of this important measure to prevent the spread of viruses. We strongly recommend the following during practices and games:

#### **No mask, no admittance!**

#### **Coaches**

1. Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home. \*
2. Must maintain a six-foot distance between self and others. This includes helping the players to do so. Distancing is not required when interacting with immediate household or family.
3. No shared water cooler.
4. Must disinfect equipment with league provided disinfectant after each use when shared. This includes practices and games. Sanitation of basketballs is not required during practice.
5. Must manage possession of team designated game balls. Must sanitize designated basketballs at the end of each game.
6. No Touch Rule - No handshakes or high fives.
7. Must wear a mask while giving instruction at practice, during a time out, or other close contact with players.

#### **Athletes**

1. Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home. \*
2. Must maintain a six-foot distance between self and others except when on the court during a live ball or practice. Distancing not required when interacting with immediate household or family.
3. Must wear a mask except when on the court during a live ball or practice.
4. Must not share water bottles. Shared equipment must be sanitized before re-use. Athletes should bring their water bottles to games and practices.
5. No Touch Rule - No handshakes or high fives.
6. Players should arrive 5 minutes before scheduled practice time. School doors will remain locked for a coach to let them in. If the player is late to practice without informing the coach, they may not be allowed in for practice. Once players enter the building/gymnasium, they will be instructed to go to a designated area/basketball hoop to assemble with their group/team and coach(es) and to be accounted for. At that point, the players may remove their masks and store them in their personally marked Zip-Loc bag to place in a designated area.

#### **Officials**

Officials are independent contractors but will be expected to follow Ohio guidelines.

#### **Spectators**

1. Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home. \*
2. Must be limited to 15% of fixed seating capacity. For the Milton-Union Elementary School gym, the maximum number of bleacher seats available is 272. A 15% fixed seating capacity equates to 40 seats maximum.
3. The number of fans per player allowed to attend will be determined by taking the number of players that will be in attendance at a game and multiplying by 2. If this number exceeds the maximum fixed seating capacity of 40 seats from #2 above, then the number of fans per player will be reduced to 1 per player.

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4. Fan attendance will be tracked at the entrance door with a roster of players in attendance with check boxes by each player's name. Once the designated number of check boxes are full for a particular player, no other fan will be able to enter for that player. If a player's parent(s) is a coach for his/her team and will be sitting on the bench, that parent(s) will not count against the player's allotted fan count.
5. No split attendance or re-entry will be allowed.
6. Must maintain no less than six feet of separation between families.
7. Must stay at least six feet away from areas of play.
8. Parents will not be allowed in the school building unless it is for a game. Parents may not come in to drop their child off for practice. Parents will also need to wait in their cars to pick up their child.
9. Spectators need to arrive as close to the start of the game as possible and leave the building as soon as the game is over.
10. Spectators must wear a mask at all times while on school grounds.

### **Game Play**

1. Players will sit on the bench, spaced out depending on the size of the bench.
2. No sharing of equipment. Each player will be required to bring their own uniform, shoes, etc.
3. Players' bags are to be left with their families. If a family member is not at the game, then any personal items are to be placed such that a 6 foot minimum distance is maintained between any other personal items.
4. Players are to bring their own water. There is to be no sharing of water or snacks.
5. The coach will have the responsibility of disinfecting shared equipment after each use.
6. No after game handshakes or high fives. Teams can elect to acknowledge their opponents by any means that does not require touching, after the game.

M.U.R.A will provide updates to comply with government recommendations as they change. We appreciate your cooperation in following these new procedures as we work together to maintain the highest health and safety standards for our organization.

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